

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Memory Care

December 2021

			9:30 AM - Music & Moving 1 11:00 AM - Chair Stretches 1:00 PM - Christmas Decorating 3:00 PM - Bible Study	9:30 AM - Morning Movement 2 10:00 AM - Wii Bowling 2:00 PM - Scott Engledow Performs 3:00 PM - Walking Club	9:30 AM - Music & Moving 3 10:00 AM - Chair Stretches 1:00 PM - Bingo 3:30 PM - Brain Games	9:00 AM - Slow Movements 4 Class 11:00 AM - Wii Bowling 2:00 PM - Relaxation Music 4:00 PM - Setting table for dinner
			Mistletoe Day			Naughty or Nice Day
9:00 AM - Rocking out with Music 5 11:00 AM - Games 2:00 PM - Sensory Relax 4:00 PM - Walking Club	9:00 AM - Morning Movement 6 11:00 AM - Sensory Boxes 2:00 PM - Chair Stretches 4:00 PM - Experimental Art	10:00 AM - Education: Traveling Museum 7 11:00 AM - Exercise Class 1:00 PM - Hand Massages 3:00 PM - Pearl Harbor Documentary	9:30 AM - Meditation 8 10:30 AM - Chair Stretches 2:00 PM - Christmas Karaoke 3:00 PM - Bible Study	9:30 AM - Christmas Jam Session 9 10:00 AM - Making Christmas Cards 1:00 PM - Exercise Class 3:00 PM - Making Gingerbread Houses	9:30 AM - Music & Movement 10 12:00 PM - Sensory Relax 1:00 PM - Movie 2:30 PM - Puffcorn Strings	9:00 AM - Slow Movements 11 Class 11:00 AM - Wii Bowling 2:00 PM - Relaxation Music 4:00 PM - Setting table for dinner
	St. Nicholas Day	Pearl Harbor Remembrance Day				
9:00 AM - Rocking out with Music 12 11:00 AM - Games 2:00 PM - Sensory Relax 4:00 PM - Walking Club 6:00 PM - Christmas Hymn Sing	9:30 AM - Word Scrambles 13 10:00 AM - Hot Cocoa Bar 2:00 PM - Walking Group 3:00 PM - Dave Wirtz Performance	9:30 AM - Sensation Music 14 11:00 AM - Exercise Class 1:00 PM - Cookie Decorating 3:00 PM - Social Hour	10:00 AM - 60's Music 15 11:30 AM - Chair Stretches 2:00 PM - Christmas Karaoke 3:00 PM - Bible Study	10:00 AM - Word Scrambles 16 11:30 AM - Exercise Class 3:00 PM - Music and Movement 5:30 PM - Christmas Lights Drive	10:00 AM - Christmas Pickles 17 11:00 AM - Chair Stretches 2:00 PM - Ugly Christmas Sweater Contest 3:00 PM - Holiday Music	9:00 AM - Slow Movements 18 Class 11:00 AM - Wii Bowling 2:00 PM - Relaxation Music 4:00 PM - Setting table for dinner
	St. Lucia Day Cocoa Day				Ugly Christmas Sweater Day	
9:00 AM - Rocking out with Music 19 11:00 AM - Games 2:00 PM - Sensory Relax 4:00 PM - Walking Club	10:30 AM - Chair Stretches 20 11:00 AM - Reindeer Toss 2:00 PM - Larry Jensen Christmas Performance 2:00 PM to 3:00 PM - Holiday Open House	10:00 AM - Baking: Christmas Fudge 21 11:00 AM - Exercise Class 3:00 PM - White Elephant Party	9:30 AM - Christmas Music 22 Jam Session 11:30 AM - Eggnog 1:00 PM - Walking Group 3:00 PM - Bible Study	9:30 AM - Music and Movement 23 11:00 AM - Sensory 1:00 PM - Board Games 3:00 PM - Christmas Reminiscing	9:00 AM - Coffee Group 24 9:30 AM - Walking Group 1:00 PM - Movie 3:00 PM - Uno	9:00 AM - Slow Movements 25 Class 11:00 AM - Wii Bowling 2:00 PM - Relaxation Music 4:00 PM - Setting table for dinner
		Winter Begins			Christmas Eve	Christmas
9:00 AM - Rocking out with Music 26 11:00 AM - Games 2:00 PM - Sensory Relax 4:00 PM - Walking Club	9:30 AM - Music & Movement 27 10:00 AM - Walking Club 11:30 AM - Group Exercise 2:00 PM - Cards 3:00 PM - Sensory Boxes	9:30 AM - Slow Music Movements 28 11:00 AM - Exercise Class 2:00 PM - Snow Fun 3:00 PM - Social Hour	9:30 AM - Music Hour 29 11:00 AM - Chair Stretches 1:00 PM - Uno 3:00 PM - Bible Study	9:30 AM - Morning News 30 11:00 AM - Exercise Class 2:00 PM - Shuffle Board 3:00 PM - Music and Movement	10:00 AM - Reminiscing, New Year's Eve 31 11:00 AM - Chair Stretches 12:00 PM - Noon Year's Eve 2:00 PM - Uno	Activities Subject to change, check dailies for updates.
Kwanzaa Begins					New Year's Eve	