

STIRLNGSHIRE OF CORALVILLE

Stirling Newsletter



Most Magical Time of the Year

WRITTEN BY KARI SANTOS, ACTIVITY DIRECTOR

It is hard to believe the holiday season is upon us. Even though this time of year attempts to fly by us, it is one of my favorites. Families, whether born, found, or claimed make time to gather together and celebrate in cheer. It is such a pleasure to meet all of your loved ones. May your holiday season be blessed with love, safe travels, and good health. We are in full swing for the season here. The halls are decked. Fireplaces lit. Trees are shining. Christmas music from various musicians fills the air. I personally can't wait for one of those perfect winter snowfalls. Sitting in the activity room with a cup of hot cocoa. Sipping and enjoying the crystalline quiet. My final wish for you all, is that you find that moment of peace and joy to treasure this season. Looking forward to a new year with you. Welcome, 2022.

***Staying
Connected***

**MAINLINE:
319-338-8100**

**LEAD NURSE:
319-521-4334**

**EMERGENCY
MAINTENANCE:
319-558-7227**

STIRLNGSHIRE
OF CORALVILLE

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Notes From The Director

FROM TRACY, EXECUTIVE DIRECTOR



It is so hard to believe we're coming to the end of our first Calendar year at Stirlingshire of Coralville. Last winter the building was a dream coming to life in construction. Now it is a cozy home for our residents. I find the journey a good reminder of what can come when we are determined to work for it.

I am very excited to welcome Heather onto our team as the Director of Health Services. Her years in the industry will allow us to provide the best care possible for our residents. I am also excited to announce that Danielle will be returning in December. Our care team has been growing as well. All these wonderful new faces, eager and ready to be part of the Stirlingshire mission.

Marty, Director of Environmental Services, asked me to remind everyone, if you discover any issues with the heaters in your room or thermostats please let him know right away. In addition, the garage is heated as well. Please make sure to keep the garage door closed in the winter so we can keep the heat inside. It makes for good practice in safety too.

I hope you all will take the time to enjoy the Christmas and holiday decorations around the building. It was very exciting getting to pick out an eight foot tree for the main lobby. I hope everyone has a grand holiday season filled with family, friends, and making wonderful memories.

Welcome Heather

GUEST COLUMN

Stirlingshire of Coralville would like to welcome Heather Courtney. Heather is our new Director of Health Services. She has been in the medical industry for over 21 years. For 12 of those years she has been a nurse. A majority of her nursing experience has been in the OR, ophthalmology nursing, skilled care, long term care, wound care, and memory care units. Prior to becoming a nurse Heather worked as a surgical assistant. She has a history and background in CNA work, and has done everything in between to hone her skill sets. The last five years of her nursing has been spent in management. She has discovered with each team that all staff can make a difference every day. She promotes great team work and everyone coming together to make the work easier and resident focused.

Her daughter Cameron is a senior in high school. Her son Griffin is in 8th grade. Her family has made Cedar Rapids their home, and she is an Iowa native. Her kids are incredibly busy and participate in multiple activities. The family is always on the go. Her boyfriend has two boys that are the same age as her kids and this year they went on their first spring break vacation together as a group of six. It was an absolute blast and they look forward to their next trip. In her leisure time Heather enjoys gardening, swimming, camping, motorcycle rides (as a passenger!), and cheering on our Hawkeyes!





Who to contact

Once you join the Stirlingshire family, you have a whole team of experts here to help you and your loved ones. Please reach out and get to know us.

Tracy Sherzer | Executive Director
319-981-4437 | tracy.sherzer@fairview.org

Heather Courtney, RN | Director of Health Services
319-9975-7077 | heather.courtney@fairview.org

Jamie Young, RN | Support Nurse
319-984-7691 | jamie.young@fairview.org

Marty Hagensick | Director of Environmental Services
319-558-7227 | marty.hagensick@fairview.org

Kari Santos, CTRS | Activity Director
319-853-8234 | kari.santos@fairview.org

Jeffrey Kistle | Culinary Director
763-807-4333 | jeffrey.kistle@fairview.org

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CNVFILLM FF1



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CANVA STORIES

FF1



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CANVA STORIES

STIRLINGSHIRE OF CORALVILLE

ASSISTED LIVING | MEMORY CARE





Holiday Open House

STIRLINGSHIRE
OF CORALVILLE

ASSISTED LIVING | MEMORY CARE

DECEMBER 20, 2:00 PM - 3:00 PM
LIVE MUSIC, BEVERAGES, TREATS, & MORE
RSVP AT 319-338-8100