


Stirlingshire of Coralville : July 2021 - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
Activities subject to change 				Canada Day, Postal Worker Day 8:30 AM breakfast social 12:00 pm Lunch social 2:00 PM Walking Club 3:00 PM Card Club	Anniversary of Civil Rights 8:30 AM Donut Social 10:00 Am Exercise Class 3:00 PM 4th of July Party / Halfway point of 2021	8:00 AM Resident Walking Club 9:00 AM Men's Coffee Club 10:00 AM Women's Coffee Club 2:00 PM Resident Card Club
4	5	6	7	8	9	10
Independence Day 9:00 AM Resident Led Devotions 10:00 AM Men's Club 1:00 PM Walking Club 2:00 PM Women's Club	Graham Cracker Day 8:30 AM Devotions 10:00 AM Exercise Class 3:00 PM Graham Cracker Party	8:30 AM Devotions 10:00 AM Manicures 2:00 PM Trivia 3:00 PM Yahtzee	Strawberry Sundae Day 8:30 AM Breakfast Social 10:00 AM Devotions 3:00 PM Strawberry Sundae	Summer Theater Thursday 8:30 AM Devotions 10:00 AM Brain Games 2:00 PM Movie Night	8:30 AM Devotions 10:00 AM Exercise Class 2:00 PM Bingo 3:00 PM Card Club	8:00 AM Resident Walking Club 9:00 AM Men's Coffee Club 10:00 AM Women's Coffee Club 2:00 PM Resident Card Club
11	12	13	14	15	16	17
9:00 AM Resident Led Devotions 10:00 AM Men's Club 1:00 PM Walking Club 2:00 PM Women's Club	8:30 AM Devotions 10:00 AM Exercise Class 3:00 PM Margarita Monday	8:30 AM Devotions 10:00 AM Manicures 2:00 PM Pool 3:00 PM Meditative Mandalas	8:30 AM Breakfast Social 10:00 AM Devotions 2:00 PM Watermelon Social 3:00 PM Happy Hour	8:30 AM Devotions 10:00 AM Brain Games 2:00 PM Ladder Ball 3:00 PM Walking Club	8:30 AM Devotions 10:00 AM Exercise Class 2:00 PM Bingo 3:00 PM Card Club	Tisha B'Av 8:00 AM Resident Walking Club 9:00 AM Men's Coffee Club 10:00 AM Women's Coffee Club 2:00 PM Resident Card Club
18	19	20	21	22	23	24
National Ice Cream Day 9:00 AM Resident Led Devotions 10:00 AM Men's Club 1:00 PM Walking Club 2:00 PM Women's Club	8:30 AM Devotions 10:00 AM Exercise Class 2:00 PM Mexican Train Dominos 3:00 PM Margarita Monday	Man on the Moon Day 8:30 AM Devotions 10:00 AM Manicures 1:00 PM Walking Club 3:00 PM Arm Chair Museum	8:30 AM Breakfast Social 10:00 AM Devotions 2:00 PM News chat 3:00 PM Happy Hour	8:30 AM Devotions 10:00 AM Brain Games 2:00 PM Cornhole 3:00 PM Walking Club	Gorgeous Grandma Day 8:30 AM Devotions 10:00 AM Exercise Class 2:00 PM Senior Photos 3:00 PM Card Club	8:00 AM Resident Walking Club 9:00 AM Men's Coffee Club 10:00 AM Women's Coffee Club 2:00 PM Resident Card Club
25	26	27	28	29	30	31
9:00 AM Resident Led Devotions 10:00 AM Men's Club 1:00 PM Walking Club 2:00 PM Women's Club	8:30 AM Devotions 10:00 AM Exercise Class 2:00 PM Scrabble 3:00 PM Margarita Monday	Take your houseplants on a walk day 8:30 AM Devotions 10:00 AM Manicures 2:00 PM Resident Council Meeting 3:00 PM Meditative Mandalas	8:30 AM Breakfast Social 10:00 AM Devotions 2:00 PM Happy Hour 3:00 PM Pool	Grand Opening! 8:30 AM Breakfast Social 9:00 am Walking Club 3:30 PM Grand Opening 6:00 PM	Friendship Day 8:30 AM Breakfast Social 9:00 am News Chat 1:00 PM Walking Club 3:00 PM Resident Choice	8:00 AM Resident Walking Club 9:00 AM Men's Coffee Club 10:00 AM Women's Coffee Club 2:00 PM Resident Card Club